



# **Hispanic and Latin American Heritage Month**

**Educational resources  
September 2022**



**Canadian Centre for Diversity and Inclusion  
Centre canadien pour la diversité et l'inclusion**

[www.ccdi.ca](http://www.ccdi.ca)

## Educational resources on Hispanic and Latin American Heritage Month

The month of October was designated as Latin American Heritage Month by the Parliament of Canada in 2018. October is also Hispanic Heritage Month in the province of Ontario. These commemorative months highlight the significant contribution of Latin American and Hispanic communities to the social, economic, political, and cultural fabric of Canada. It is an opportunity to learn more about Latin American and Hispanic heritage and culture and to honour the rich traditions of Canadians of Latin American origin.

Learn more about Hispanic and Latin American Heritage Month from the [Hispanic Canadian Heritage Council](#) and the [Hispanic Canadian Arts and Cultural Association](#).

## Hispanic and Latin-American Canadians

- [Celebrating Achievements of Hispanic and Latin-American Peoples in Canada](#), PsyMood
- [Latin American Canadians / Canadiens d'origine latino-américaine](#), The Canadian Encyclopedia
- [Latin Americans face a stubborn pay gap in Canada, data shows](#), The Conversation
- [Spanish Canadians / Hispano-Canadiens](#), The Canadian Encyclopedia
- [What Latin American Heritage Month Means for Canada](#), University of British Columbia

## Understanding terminology

- [Hispanic vs. Latino vs. Latinx: A Brief History of How These Words Originated](#), Remezcla
- [The Difference Between Hispanic and Latino / La différence entre hispanique et latino](#), Thought Co.
- [Why Latinx/e?](#) El Centro, Colorado State University

## Indigenous communities of Abya Yala

“‘Abya Yala’ means ‘Continent of Life’ in the language of the Kuna peoples of Panama and Colombia. The Aymara leader Takir Mamani suggested the selection of this name (which the Kuna use to denominate the American continents in their entirety), and proposed that all Indigenous peoples in the Americas utilize it in their documents and oral declarations.”  
(About Abya Yala, Native Web)

- [CERLAC Baptista: Uprooted: Race, Land and Dispossession in Latin America and the Caribbean](#) (video), Centre for Research on Latin America and the Caribbean (CERLAC), York University
- [How much do you know about the indigenous populations of Latin America?](#) The World Bank
- [Indigenous voices from Latin America: We Are the Document of the Earth](#) (video), 350.org

## Intersectional experiences

### Afro-Latinx experience

- ◉ Defining “Afro-Latin@” / Definir "afrolatino" (ES), afrolatin@ forum
- ◉ Afro Latinos' Mixed Identity Can Leave Them Out of the Mix, NBC News
- ◉ For the Longest Time, I Didn't Identify as Black, Flare
- ◉ Ginella Massa, unfiltered: Afro-Latina Muslim TV host speaks her truth, Toronto Star
- ◉ The afrolatin@ forum

### Asian Latinx experience

- ◉ Asian Latinx community reflects on the rise of anti-Asian racism and violence, The Mujerista
- ◉ 'I became what I didn't see': Latinx and Hispanic influencers speak up about representation, USA Today
- ◉ Understanding the Diverse Origins and Experiences of Asian Latinos, UnidosUS
- ◉ What It's Like Being Asian-Latino (video), Pero Like

### LGBTQ2S+ Latinx experience

- ◉ "We carry pride within ourselves": LGBTQ Latinx celebrate victories, worry about ongoing violence, NBC News
- ◉ 5 LGBTQ Latinx Heroes for Every Classroom, GLSEN
- ◉ Religion and Coming Out Issues for Latinxs, Human Rights Campaign

## Arts and culture events and organizations

- ◉ aluCine Latin Film + Media Arts Festival (Toronto, ON)
- ◉ Canadian Hispanic-Latin American Virtual Museum
- ◉ Carnaval del Sol / Latincover (Vancouver, BC)
- ◉ Ciclo de Cine Hispano (Hispanic Film Series; Toronto, ON)
- ◉ Creato: A dedicated space and platform for Latinx creatives in Canada
- ◉ Expo Latino (Calgary, AB)
- ◉ Héritage hispanique Québec
- ◉ Latin American Festival Latino (Ottawa – Gatineau, ON)
- ◉ Latin American-Canadian Art Projects (LACAP)
- ◉ Latin Sparks Festival (Toronto, ON)
- ◉ Mississauga Latin Festival (Mississauga, ON, available virtually)
- ◉ MUSE Arts
- ◉ The LatinArte Festival / El Festival LatinArte (SP) / Le Festival LatinArte (FR; Montreal, QC)
- ◉ Toronto Latin American Film Festival (Toronto, ON)
- ◉ Vancouver Latin American Cultural Centre (Vancouver, BC)
- ◉ Vancouver Latin American Film Festival (Vancouver, BC)

## Other resources



### BOOKS

*CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.*

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- A Long Petal of the Sea / Largo pétalo de mar (Isabel Allende)
- An African American and Latinx History of the United States (Paul Ortiz)
- Darkroom: A Memoir in Black and White / Cuarto Oscuro : Recuerdos en Blanco y Negro (Lila Quintero Weaver)
- Dominicana (Angie Cruz)
- Fronteras Americanas (Guillermo Verdecchia)
- Hopscotch / Rayuela (Julio Cortázar)
- I Am Not Your Perfect Mexican Daughter (Erika L. Sánchez)
- Kiss of the Spider Woman / El beso de la mujer araña (Manuel Puig)
- L'homme polyphonique (Alejandro Saravia)
- Like Water for Chocolate / Como agua para chocolate (Laura Esquivel)
- Love in the Time of Cholera / El amor en los tiempos del cólera (Gabriel García Márquez)
- Nine Moons / Nueve lunas (Gabriela Wiener)
- No Stars in the Sky (Martha Bátiz)
- Once I Was You: A Memoir of Love and Hate in a Torn America (Maria Hinojosa)
- One Hundred Years of Solitude / Cien años de soledad (Gabriel García Márquez)
- The House of the Spirits / La casa de los espíritus (Isabel Allende)
- The House on Mango Street (Sandra Cisneros)
- The Poet X (Elizabeth Acevedo)
- [Voices for Change Anthology: A Collection of Short Stories, Poetry, Statements and Art Work by Latinx Youth in Toronto \(PDF\)](#) (Christelle Money Penny and Keith González Sujo, Eds.)
- Voices from the Ancestors: Xicanx and Latinx Spiritual Expressions and Healing Practices (Lara Medina and Martha R. Gonzales, Eds.)
- What's Mine and Yours (Naima Coster)
- Woman of Light (Kali Fajardo-Anstine)



## FILM AND TELEVISION

*Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.*

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- “La Fábula del dibujante” (Vimeo)
- Cesar Chavez (AppleTV)
- Coco (Disney+)
- Cólera (Vimeo)
- Contra el Mar / Against the Sea (Vimeo)
- El secreto de sus ojos (ES - rtve play) / The secret in their eyes (Google Play)
- Ferdinand (Disney+)
- Latin American Heritage Month / Amérique latine (National Film Board of Canada)
- McFarland, USA (Disney+)
- My Last Round (YouTube)
- Neruda (YouTube)
- No (AppleTV)
- Pain and Glory (Amazon Prime Video) / Dolor y gloria (ES - Cinefile) / Douleur et gloire (FR - ICI TOU.TV)
- Post mortem (Amazon Prime Video, Kanopy)
- Relatos salvajes / Wild tales (Amazon Prime Video)
- Selena (Netflix, Crave, Amazon Prime Video)
- SPIDERBOY (Vimeo)
- También la lluvia / Even the rain (Netflix)
- The Book of Life (Disney+)
- Xico’s Journey / El Camino de Xico (Netflix)
- Zama (Amazon Prime Video)

*Note: French links are for the original Ted Talk with French subtitles and/or French transcript.*

- Growing up Latino and fighting for social justice (Cole Sax)
- How a team of chefs fed Puerto Rico after Hurricane Maria / Face aux ravages de l'ouragan Maria, une équipe de chefs a nourri les réfugiés de Porto Rico (José Andrés)
- My identity is a superpower – not an obstacle / Mon identité est un super-pouvoir, pas un obstacle (America Ferrera)
- The story of Marvel's first queer Latina superhero / L'histoire de la première super-héroïne latine homosexuelle de Marvel (Gabby Rivera)
- What six years in captivity taught me about fear and faith / Ce que six ans en captivité m'ont enseigné sur la peur et la foi (Ingrid Betancourt)
- Why we should tell more Latino stories (Antonia Cerejido)



### PODCASTS

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- En la Sala with Becky G
- In The Thick
- Latina to Latina
- Latino Rebels Radio
- Latinos who Lunch
- Lattin Magazine
- Two Gringos with Questions
- Yeah No, I'm Not Ok



### INSTAGRAM ACCOUNTS

*CCDI is not responsible for the content posted by any of these accounts.*

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- @afrolatinas\_
- @latinarebels
- @latinofoodie
- @latinxtherapy
- @lolascocina
- @maryinvancity
- @weallgrowlatina
- @latinxparenting
- @unclepagong.studio

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